

Overcoming Guilt And Shame

Learning To Believe God's Promises Over The Devil's Lies

We first must decide whether or not God is trust worthy. If we believe God to be truthful, loving, faithful, and holy, then accepting His word becomes easier.

Unless God can be trusted, we will never cast all of our cares upon Him (*1 Peter 5:7*); and without assurance of complete forgiveness, the Christian will not walk in victory.

Please take time to read each scripture carefully, and ask God to give you understanding and peace. It may be helpful to make short notes on each scripture, then respond to the question.

Searching The Word For Answers

1. Read: *Titus 1:1-4, 3:1-7; Hebrews 6:13-20; Psalm 100:5; Lamentations 3:22-25; 1 Corinthians 1:9; Deuteronomy 32:3-4; Acts 17:24-31; Nahum 1:7; Psalm 139:1-6*

What do these verses tell us about the character of God?

2. Read: *Mark 11:20-26; Luke 18:10-14; Hebrews 4:1-16, 11:1-40, 12:1-2; Acts 9:1-22*

How can our actions prove our trust in God?

3. Read: *2 Corinthians 5:21; John 3:1-17, 6:35-40; Romans 5:6-10; 1 Thessalonians 5:9-10; 1 John 5:1-15; Acts 2:14-40; Luke 2:6-11; Matthew 1:21; Ephesians 1:1-10*

Why are we able to believe that God will receive us?

4. Read: *1 Peter 5:8-9; James 1:6-8; Jeremiah 17:9; Matthew 21:21-22; 2 Corinthians 11:3; Genesis 3:1-6; Colossians 2:8; Proverbs 3:5-6, 21:2; Romans 7:6-20; John 6:52-68*

What do these verses tell us about the difficulty of living in spiritual freedom?

5. Read: *John 4:1-30, 8:1-11; Genesis 38:11-26; Luke 8:26-40; Joshua 2:1-24, 6:17-25; 1 Peter 1:1-9; 2 Peter 1:1-8; Jeremiah 30:10-17; Psalm 138:1-8; 2 Kings 17:39; Luke 7:11-15*

What do these verses tell us about another chance at life, and the compassion of God?

6. Read: *Proverbs 17:9; 1 John 1:9; Matthew 18:15-22; Hebrews 8:10-12; Colossians 3:12-13; Romans 5:1-2, 7:24-8:1-2; John 3:18; Genesis 50:15-21; Matthew 5:43-48*

How would we describe forgiveness after reading these verses?

7. Read: *Romans 3:23, 6:23; 1 John 1:6-8; Proverbs 28:13; Galatians 5:19-21; Luke 5:27-32; Revelation 21:7-8; Exodus 20:1-17; Isaiah 1:10-20; Jonah 1:1-4:11; Malachi 3:1-4:6*

What is God's view of sin? Do certain sins carry greater punishment?
